



natalie gilbert

licensed massage & bodywork therapist

(NC LICENSE # 6687)

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A graduate of the renowned *Body Therapy Institute (BTI)* in Siler City, North Carolina, I have been offering quality treatment in Swedish, deep tissue and hot stone massage and other spa modalities since receiving my license in November 2006. I am also a musician and a teacher, and I bring to my practice the desire to help people gain understanding of self-care and good health. I have worked as a musician with dancers for over thirty years, which has fueled my interest and knowledge in somatic practices. I am dedicated to deepening my experience and knowledge through ongoing education and am open to learning from each and every client and situation.

work experience

- October 2007 - Present *Duke Diet & Fitness Center: Independent Contractor ~ Durham, NC*
- October 2007 - December 2007 *Stevens Wellness Center: Chiropractic Office ~ Durham, NC*
- November 2006 - Present *Private Massage Therapy Practice ~ Durham, NC*
- 2006 *Externship at Durham Aids Community Residency Association ~ Durham, NC*
Provided massage & bodywork with resident patients and staff
- Community Service & Chair Massage ~*
 NC Conference on Child Abuse
 Sanford Community Center
 Shakori Hills Music Festival
 State Employee Health Fair, Raleigh NC

other work experience

- Music Director, *American Dance Festival ~ Durham, NC* 1981 - present
 - Duties include selecting qualified staff of fifteen dance musicians for studio dance artists; administering staff schedules for over twenty-six classes each day, directing of a musicians' concert, teaching and playing for class.

- Middle School Music Teacher, *Carolina Friends School ~ Durham, NC* 2005-2008

- Music Teacher, *University Dance Departments* ~ OH, FL, NYC 30+ years
 - Ohio State University, New World School of the Arts in Miami, NYU Tisch School of the Arts in NYC

Education

<i>February 2008</i>	<i>Institute for Massage & Spa Therapy Education: Hot Stone Massage</i>
<i>September 2007</i>	<i>Tom Myers & Kinesis: Body Reading & Postural Analysis</i>
<i>August 2006</i>	<i>Body Therapy Institute: Graduate, 650-hour Massage Therapy Diploma Program ~ 127 hours of anatomy, physiology, kinesiology & pathology, somatics, business & marketing, ethics & the law, and others</i> <i>Training Included: Swedish Massage, Myofascial Massage, Oriental Massage, Hydrotherapy & Spa Modalities</i>
<i>1994</i>	<i>Ohio State University: Master of Arts in Piano, Composition, and Education</i>
<i>1972</i>	<i>Oberlin College: Bachelor of Arts in Music</i>